
A BILL FOR AN ACT

RELATING TO AFTERSCHOOL PROGRAMS FOR ELEMENTARY SCHOOL STUDENTS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds that in the United
2 States, more than one-fourth of school-age children are left
3 alone and unsupervised during after-school hours. The majority
4 of these children are elementary and intermediate school
5 students, who are at a time in life when various types of
6 temptations surround them.

7 The legislature further finds that to counter such problems
8 at the elementary school level in Hawaii, the afterschool plus
9 (A+) program was created in 1990 to provide an avenue to keep
10 elementary school students in a safe and nurturing environment--
11 from the time the school day ends until the time that these
12 children are picked up by their families. Moreover, the
13 legislature finds that the A+ program has been operating
14 successfully for the past decade, with more than eighteen
15 thousand elementary school students enrolled in A+ programs in
16 more than one hundred eighty elementary schools statewide.
17 Approximately two-thirds of A+ program sites are managed by



1 independent contractors, such as the YMCA and Kamaaina Kids, and
2 one-third are managed by department of education personnel.

3 The legislature further finds that for the past decade, an
4 evidence-based physical-activity and nutritional-education
5 program called "Fun 5" has been operating successfully in nearly
6 all of these locations as an integral part of the A+ program.
7 The Fun 5 program provides training for all A+ program group
8 leaders (i.e., those who work directly with the children),
9 supplies manuals and playground equipment, and provides hands-on
10 instruction for physically active games and nutritional
11 enlightenment.

12 In addition, the legislature finds that the Fun 5 program,
13 which for many of its participants is the only organized
14 physical activity that they experience in a day, has shown
15 positive results in boosting the children's level of physical
16 activity, reducing their rate of obesity, and increasing their
17 consumption of fruits and vegetables. These achievements are
18 accomplished through a hands-on and enjoyable program that
19 promotes five servings of fruits and vegetables per day and at
20 least thirty minutes of active physical exercise five days per
21 week.



1 The legislature further finds that the kind of physical and
2 nutritional activities that exist in this evidence-based
3 physical-activity and nutritional-education program are and
4 should be an integral part of the A+ program. However, since
5 the establishment of the Fun 5 program a decade ago, nearly all
6 funding for this program has come from private donations, a
7 situation which has become significantly more difficult to
8 maintain and which has substantially diminished the potential
9 impact of the program.

10 The legislature further finds that the overall cost of
11 operating the Fun 5 program averages approximately \$1 per child
12 per month, which covers the training activities and equipment
13 replenishment requirements for after-school activities--but not
14 the data collection necessary to sustain the program. Given the
15 vital importance of physical activity and healthy eating to
16 optimal childhood development and obesity prevention, the
17 legislature believes that it is essential that funding for an
18 evidence-based physical-activity and nutritional-education
19 program be institutionalized within the budget of the A+ program
20 itself.



1 Accordingly, the purpose of this Act is to establish an
2 evidence-based physical-activity and nutritional-education pilot
3 program within the A+ program.

4 SECTION 2. (a) There is established within the department
5 of education's after-school plus program, hereinafter the A+
6 program, an evidence-based physical-activity and nutritional-
7 education pilot program. The pilot program shall provide
8 regular physical exercise and nutritional education in a manner
9 that promotes active participation as an integral part of the A+
10 program and that meets the State's goals for a healthy diet and
11 adequate exercise. The pilot program shall be for five years,
12 ending on June 30, 2019.

13 (b) Any funding for the pilot program shall be included
14 within the A+ program budget and shall include funding for:

- 15 (1) Support for training of all A+ program coordinators
16 and group leaders;
- 17 (2) Necessary playground equipment and nutritional tools;
- 18 (3) Collection of data for the pilot program; and
- 19 (4) Periodic evaluation of the effectiveness of the pilot
20 program.

21 (c) The organization and management of training, data
22 collection and management, and equipment replenishment for the



1 pilot program shall be carried out by an independently-
2 contracted private entity, under the supervision of the
3 department of education.

4 (d) The department of education may establish within the
5 A+ program participation fees in an amount sufficient to
6 maintain the pilot program in all elementary schools operated by
7 the department of education.

8 (e) The private entity independently contracted pursuant
9 to subsection (c), in conjunction with the department of
10 education, may seek funds from other public and private sources
11 to supplement the costs of managing, expanding, and improving
12 the pilot program.

13 (f) The department of education may adopt rules pursuant
14 to chapter 91, Hawaii Revised Statutes, to implement this
15 section.

16 SECTION 3. There is appropriated out of the general
17 revenues of the State of Hawaii the sum of \$ or so
18 much thereof as may be necessary for fiscal year 2014-2015 for
19 an evidence-based physical-activity and nutritional-education
20 pilot program within the after-school plus program of the
21 department of education for the purposes of this Act.



1 The sum appropriated shall be expended by the department of
2 education for the purposes of this Act.

3 SECTION 4. There is appropriated out of the general
4 revenues of the State of Hawaii the sum of \$ or so
5 much thereof as may be necessary for fiscal year 2014-2015 for
6 the payment of after-school plus program fees, including those
7 for an evidence-based physical-activity and nutritional-
8 education pilot program, for the children of families who are
9 eligible for the temporary assistance for needy families
10 program.

11 The sum appropriated shall be expended by the department of
12 human services for the purposes of this Act.

13 SECTION 5. This Act shall take effect on July 1, 2030.



Report Title:

Afterschool Programs; Elementary-school Students; Evidence-based Physical-activity and Nutritional-education Pilot Program; Appropriation

Description:

Establishes a five-year evidence-based physical-activity and nutritional-education pilot program within the A+ Program in Hawaii's public elementary schools. Makes an appropriation. Effective July 1, 2030. (SD1)

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