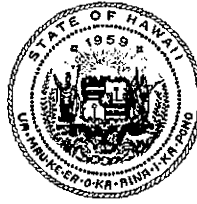


DAVID Y. IGE  
GOVERNOR



STATE OF HAWAII  
**DEPARTMENT OF PUBLIC SAFETY**  
919 Ala Moana Boulevard, 4th Floor  
Honolulu, Hawaii 96814

DEPT. COMM. NO. 306

MAX N. OTANI  
DIRECTOR  
Maria C. Cook  
Deputy Director  
Administration

Tommy Johnson  
Deputy Director  
Corrections

Jordan Lowe  
Deputy Director  
Law Enforcement

No. \_\_\_\_\_

December 28, 2020

The Honorable Ronald D. Kouchi,  
President and Members of the Senate  
Thirty-first State Legislature  
State Capitol, Room 409  
Honolulu, Hawaii 96813

The Honorable Scott K. Saiki, Speaker  
and Members of the House of the  
House of Representatives  
Thirty-first State Legislature  
State Capitol, Room 431  
Honolulu, HI 96813

Dear President Kouchi, Speaker Saiki, and Members of the Legislature:

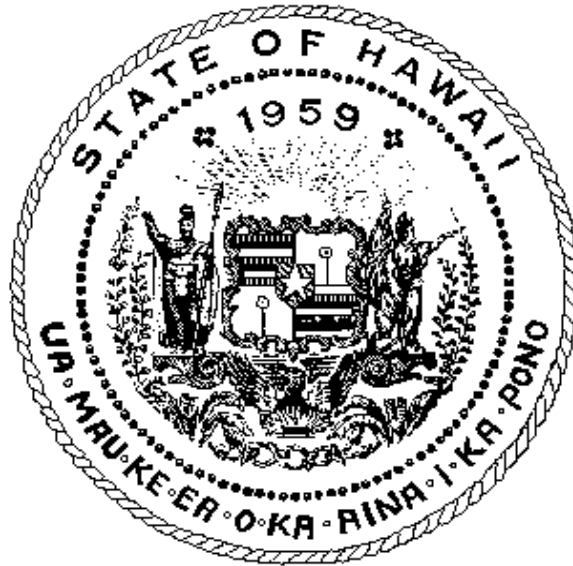
For your information and consideration, I am transmitting a copy of the **Report on Cognitive Restructuring**, as required by Act 193, Session Laws of Hawaii 2010. In accordance with Section 93-16, Hawaii Revised Statutes, I am also informing you that the report may be viewed electronically at: <https://dps.hawaii.gov/wp-content/uploads/2020/12/Report on Cognitive Restructuring.pdf>.

Sincerely,

A handwritten signature in black ink, appearing to read "Max N. Otani", is written over a horizontal line.

Max N. Otani  
Director

Enclosure



**DEPARTMENT OF PUBLIC SAFETY  
REPORT TO THE 2021 LEGISLATURE**

**ACT 193 COGNITIVE RESTRUCTURING**

**Department of Public Safety  
Corrections Program Services Division  
December 2020**

## **Report on Cognitive Restructuring Act 193, Session Laws of Hawaii 2010**

### **INTRODUCTION**

In 2010, the Twenty-Fifth Legislature passed Act 193 with the purpose of authorizing the Department of Public Safety (PSD) to offer reentry/reintegration programs within Hawaii's correctional facilities that included cognitive-behavioral therapy with cultural and other interventions. The legislative intent of these programs was to promote the successful transition of offenders from incarceration to the community by addressing domestic violence, addictions, self-mastery through identity and community connections.

PSD was unable to implement new contracts for reentry/reintegration programs that included cognitive-behavioral therapy with cultural and other interventions. PSD was able, however, to continue with the provision of intervention programs to address reentry/reintegration during FY 2019 with previous allocations for cognitive-behavioral programs that focused on self development, substance abuse treatment and/or sex offender treatment.

### **EDUCATION PROGRAM SERVICES**

#### **General Course Descriptions/Criteria**

**Self Development Programs** focus on personal change and personal growth. Programs in this group include Cognitive Skills, Creative Writing, Explorations, Parenting, Hawaiian Studies, Language and Culture, Yoga, Toastmaster, and Career and Technical Education.

**Criteria:** Cognitive Skills requires a reading level at grade point 6.0 as determined on the Test of Adult Basic Education. Parenting is open to all students who are custodial parents. All other self-development courses are open to any interested student or students referred to the course by their case managers.

#### **Cognitive Restructuring Programs**

**Lifestyles.** A 12 week program of self-change that meets the cognitive skills requirement. It teaches criminal thinking intervention, building motivation, setting goals, thinking skills, and learning thinking errors, making critical choices and getting a discharge plan.

**Thinking for a Change 4.0 (T4C)** is an integrated cognitive behavioral change program authored by Jack Bush, Ph.D., Barry Glick, Ph.D., and Juliana Taymans, Ph.D., under a cooperative agreement with the National Institute of Corrections (NIC). T4C incorporates research from cognitive restructuring theory, social skills development, and the learning and use of problem solving skills.

**Transformations.** A program based on research demonstrating that antisocial thoughts and cognitive skill deficits are causally related to criminal behavior. It targets these antisocial thoughts and skill deficits by using a behavioral approach that includes modeling, rehearsing and rewarding. It is not for substance abuse treatment. This program could not take enough participants due to the limitations set by the Contract.

## **SUBSTANCE ABUSE TREATMENT SERVICES**

PSD began assigning inmates to substance abuse treatment levels on July 1, 2009, by utilizing LSI-R/ASUS summary score results. This was accomplished after implementing an Intensive Outpatient Program (IOP) at Halawa and Waiawa Correctional Facility for moderate risk offenders. With the implementation of IOP, PSD is able to provide three levels of separate and specific substance abuse treatment for low, moderate, and high risk sentenced male and female felons including ancillary services to promote continuity within the system. This system continues today.

### **General Treatment Description**

#### **Outpatient Substance Abuse Treatment**

The Women's Community Correctional Center (WCCC), Halawa Correctional Facility (HCF), Kulani Correctional Facility (KCF), Waiawa Correctional Facility (WCF), Kauai Community Correctional Center (KCCC), and the Maui Community Correctional Center (MCCC) offer and provide contracted, outpatient substance use treatment services through with Salvation Army's Addiction Treatment Services (ATS). Outpatient services provided at KCF are provided by State civil service personnel.

Outpatient services utilize a cognitive-behavioral treatment component lasting approximately 40 to 60 hours, meeting at least once per week. An evidence based cognitive-behavioral therapy curriculum is utilized by programs. Outpatient services are for inmates who are low risk for criminal conduct and meet diagnostic criteria for substance use disorders. Offenders within this modality of treatment tend to have had minimal disruption in their psychosocial or vocational functioning due to substance use. This level of service may also be appropriate (based on assessment) for inmates who have completed treatment programs in the community or during previous incarceration, but have not been able to maintain their recovery goals consistently.

For FY 2020, there were 215 new admissions and 137 successful completions. Many of those enrolled into treatment are still in programming due to program suspensions

#### **Intensive Outpatient Substance Abuse Treatment**

Intensive Outpatient (IOP) substance abuse treatment services are provided at the following facilities; WCCC, HCF, WCF, and KCF. Services provided at WCCC and HCF are procured via contract with the Salvation Army – ATS, while services at WCF and KCF are provided by State civil service personnel.

The IOP consists of group sessions ranging two to three hours in duration. These groups meet at least 3 days per week and are accompanied by monthly individual counseling sessions or more as needed. The program facilitators utilize a mix of the Change Companies' Residential Drug Abuse Program and other resources from the company which are an evidenced based, cognitive-behavioral curricula. The program duration is approximately 9 months for completion. Each group operates via modified, closed-ended group with a maximum of 15 offenders per group. Assessment, treatment treatment planning, individual and group sessions, and continuing care services are provided for each participant. For FY 2020, there were 80 new admissions with 95 successful completions.

### **Women's Intensive Outpatient Treatment Services**

The Intensive Outpatient Treatment program consists of two to three hour group sessions, at least 3 days per week with accompanying individual counseling sessions as needed. Contracted staff of the Salvation Army Addiction Treatment Services team, utilizes the Change Companies' Residential Drug Abuse Program, which is an evidenced based, cognitive-behavioral curriculum. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 women per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant. For FY 2020 there were 15 admissions and 28 successful completions.

### **Residential Substance Abuse Treatment**

There are two Cognitive Therapeutic Communities that operate within PSD; *Ke Alauala* (Women's program) and *KASHBOX* (Men's program). The KASHBOX acronym stands for **K**nowledge, **A**ttitudes, **S**kills, **H**abits, **B**ehaviors, **O**pinions, and **X**-factors or *Unknown*.

### **Waiawa Correctional Facility**

**KASHBOX** Therapeutic Community (TC): 52 beds, Operated by PSD's Corrections Program Services-Substance Abuse Services Branch.

KASHBOX is an intensive long-term, TC treatment program lasting approximately 12-months. In response to more complex cases, the duration may increase up to 15-months. Ideal participants for this level of treatment are those assessed as high risk for criminal conduct and recidivism.

Cognitive Behavioral Treatment and Social Learning Theory are combined to address criminal thinking and behaviors. Participants work through evidence-based, Residential Drug Abuse Program cognitive-behavioral curriculum. This process assists program participants to learn, develop, and practice skill sets essential to changing criminal thoughts and behaviors while addressing criminogenics needs. The TC provides the environment to safely develop and practice the skills in a community setting within the prison where the "community is method" is allowed to be in practice. As the TC residents live and work together separated from the general population, they are accountable to one another in practicing recovery skills. FY 2020 reporting period had provided 30 new admissions and 33 successful completions.

### **Women's Community Correctional Center**

**Ke Alauala** Therapeutic Community (TC): 50 beds.

The program is operated by Hina Mauka through a purchase of service agreement with PSD, and is located within the WCCC. The program is an intensive long-term, 9 to 12 month therapeutic community. In response to more complex cases, the duration of the program may be extended to meet the individual's needs.

Cognitive Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services were also provided in the area of sexual and physical abuse, domestic violence, criminality and other types of gender responsive issues. At the beginning of FY 2020, there were approximately 50 inmates in the program.

Between July 1, 2019 and June 30, 2020, there were 50 new admissions and 24 successful completions. The remaining inmates continued their participation in the program after thru June 30, 2020. Programming has been stalled due to COVID related circumstances.

### **Oahu Community Correctional Center, Laumaka Work Furlough Center:**

**Laumaka Bridge Program** is a 64-bed residential substance abuse reentry, work furlough program for offenders who have completed IOP, or Residential substance abuse treatment while incarcerated and fall within the moderate to high risk range for recidivism. In March of 2015, the amount of beds increased from 32-beds to currently 64-beds with the help of federal funding of the Bridge expansion grant. The program provides opportunities to practice social learning, cognitive learning, and recovery skills learned in treatment while transitioning to the community. Family therapy and job development services are also provided as the offender reconnects with family and community resources.

At the beginning of FY July 1, 2019 through June 30, 2020, there were approximately 64 inmates participating within the Laumaka Bridge program. During the fiscal year, there were 79 new admissions and 57 successful completions.

### **Women's Community Correctional Center**

**The Bridge Program** is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The targeted population would be of moderate to high risk of recidivating. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy, psychological, and job development services were provided as the inmate reconnects with family and community resources.

During the period from July 1, 2019 to June 30, 2020, there were 31 new admissions and 28 successful completions. The daily average inmate participation was 12.

### **Saguaro Correctional Center**

The Saguaro Correctional Center is contracted under the Mainland Branch of the State of Hawaii Public Safety Department and offers Outpatient and Intensive Residential substance abuse treatment (Intensive Outpatient treatment in a Residential setting) for adult male offenders.

During the fiscal year, July 1, 2019 through June 30, 2020, there were approximately 353 new admissions and 215 successful completions recorded for both levels of treatment services combined. Detailed reports may be viewed via the Mainland Branch data reports.

Program	Course	Hawaiian C	Hawaiian E	Hawaiian P	Other Com	Other Enro	Other Perc	Total Comp	Total Enroll	Total Percentage
Academic	Adult Basic	8	49	16%	14	90	16%	22	139	16%
	Adult Basic	0	1	0%	0	2	0%	0	3	0%
	Adult Basic	25	207	12%	31	265	12%	56	472	12%
	Adult Basic	42	257	16%	65	368	18%	107	625	17%
	Adult Basic	3	3	100%	8	8	100%	11	11	100%
	Adult Seco	0	1	0%	0	1	0%	0	2	0%
	General Ed	210	480	44%	379	759	50%	589	1239	48%
	HSE	13	175	7%	21	233	9%	34	408	8%
	Post Secon	51	68	75%	83	129	64%	134	197	68%
	Study Peric	70	123	57%	80	153	52%	150	276	54%
Assessmen	Academic	5	5	100%	7	7	100%	12	12	100%
	Assessmen	642	711	90%	1069	1200	89%	1711	1911	90%
	High Schoo	18	22	82%	34	35	97%	52	57	91%
	Vocational	13	18	72%	18	23	78%	31	41	76%
Career & Te	Agriculture	16	18	89%	28	30	93%	44	48	92%
	Applied Co	0	2	0%	8	16	50%	8	18	44%
	Automotive	4	4	100%	6	8	75%	10	12	83%
	Cabinetry	0	1	0%	9	26	35%	9	27	33%
	Coding	1	1	100%	6	12	50%	7	13	54%
	Core Curric	4	16	25%	5	23	22%	9	39	23%
	Culinary Ar	5	10	50%	15	32	47%	20	42	48%
	Electrical	5	7	71%	14	15	93%	19	22	86%
	Employeme	22	31	71%	20	34	59%	42	65	65%
	Forklift Op	9	9	100%	18	19	95%	27	28	96%
	General Co	8	8	100%	10	10	100%	18	18	100%
	General Co	4	6	67%	7	12	58%	11	18	61%
	Introductio	9	17	53%	32	38	84%	41	55	75%
	Licensing	16	19	84%	18	23	78%	34	42	81%
	Microsoft C	18	27	67%	28	47	60%	46	74	62%
	OSHA Safet	12	13	92%	70	76	92%	82	89	92%
	Plumbing	8	16	50%	14	26	54%	22	42	52%
	Welding	8	13	62%	11	12	92%	19	25	76%
College/Un	English	1	1	100%	7	7	100%	8	8	100%
	Independen	15	23	65%	50	70	71%	65	93	70%
Language &	Hawaiian C	3	4	75%	6	6	100%	9	10	90%
	Hawaiian L	3	3	100%	0	0	0%	3	3	100%
	Japanese L	4	4	100%	7	7	100%	11	11	100%
	Pacific Isl	0	0	0%	3	3	100%	3	3	100%
	Spanish Lar	1	1	100%	4	7	57%	5	8	63%
Self Develo	Cognitive S	36	53	68%	67	107	63%	103	160	64%
	Cognitive S	6	24	25%	6	23	26%	12	47	26%
	Exploration	0	8	0%	1	8	13%	1	16	6%
	Health Mar	9	65	14%	14	144	10%	23	209	11%
	Intensive R	4	10	40%	10	20	50%	14	30	47%
	Men In Tra	13	14	93%	28	31	90%	41	45	91%
	Parenting	83	167	50%	129	221	58%	212	388	55%
	Toastmaste	14	42	33%	18	81	22%	32	123	26%
	Tutor Train	2	2	100%	2	3	67%	4	5	80%
	Women In	2	5	40%	0	3	0%	2	8	25%
Title 1 N/D	Classroom	0	9	0%	1	38	3%	1	47	2%
Workshops	Arts & Craf	14	21	67%	32	43	74%	46	64	72%
	Creative W	8	12	67%	16	28	57%	24	40	60%
	Employeme	2	4	50%	5	7	71%	7	11	64%
	Guest Spea	78	84	93%	125	133	94%	203	217	94%
	Life Skills	8	10	80%	11	11	100%	19	21	90%
	Music/Arts	2	2	100%	8	8	100%	10	10	100%
	Self Improv	148	237	62%	253	378	67%	401	615	65%
	Veterans Se	7	7	100%	11	11	100%	18	18	100%
	Totals	1712	3150	54%	2942	5130	57%	4654	8280	56%

Ethnicity	Inmates	Enrollment	Completions
Admiralty Islander	1	10	9
African-American	119	379	220
American Indian Or Alaskan Native (Oriental Indian Is A - Asian)	14	34	16
Armenian	1	2	2
Asian Other Than Chinese, Japanese, Filipino, or Korean	20	66	52
Chinese	14	64	31
Colombian	1	9	8
Ecuadorian	1	8	2
Filipino	310	1107	654
Guamanian Or Other Pacific Islander, Other Than Hawaiian Or Samoan	19	69	35
Hawaiian	967	3067	1676
Jamaican	2	5	3
Japanese	73	188	110
Korean	12	22	14
Latin American/Hispanic (Not Elsewhere Classified)	16	46	22
Latin American/Hispanic (Not Further Defined)	24	108	54
Manihiki Islander	1	1	1
Marshal Islands	3	11	6
Mexican	26	75	35
Micronesian	62	213	87
North American Black	3	3	0
Other	63	160	89
Other (Not Further Defined)	6	7	6
Portuguese	55	152	76
Puerto Rican	44	144	68
Russian	2	7	3
Samoan	148	556	339
Tongan	9	40	18
Unknown	17	47	31
Vietnamese	3	7	3
White	509	1496	871
Yap Islander	2	10	5
Total	2562	8139	4562



## SUBSTANCE ABUSE TREATMENT SERVICES

Treatment Type	Completed	Admitted	%
Outpatient Treatment Services	274	254	92
Intensive Outpatient	122	179	68
Residential	67	122	55
CBIP	100	110	91
RIP	17	17	100
Saguaro	205	353	58
Bridge	87	136	64
Total	872	1171	74

**NOTE:** Inmate ethnicity is not available for those that received substance abuse treatment.