A BILL FOR AN ACT

RELATING TO EDUCATION.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

SECTION 1. The legislature finds that many schools across the country are working to synchronize school clocks with students' body clocks because many high school students are sleep deprived, resulting in poorer academic and athletic performance. While there are social reasons for teenagers staying awake later, such as chatting online or on the phone and watching television, there are also practical and biological reasons for staying up late. With adolescence come greater academic responsibilities and increased involvement in extracurricular activities, as well as more time spent earning money. The legislature further finds that Hawaii's public high school students would benefit from a later start time in school, enabling students to obtain adequate sleep.

The purpose of this Act is to require Hawaii's public high schools to start no earlier than 8:30 a.m.
SECTION 2. Chapter 302A, Hawaii Revised Statutes, is amended by adding a new section to be appropriately designated and to read as follows:

"§302A- High schools; start time. Beginning with the 2020-2021 school year, each public high school in the State shall begin school activities no earlier than 8:30 a.m.; provided that regardless of class start time, each school shall be subject to the minimum instructional time requirements under section 302A-251."

SECTION 3. New statutory material is underscored.

SECTION 4. This Act shall take effect upon its approval.

INTRODUCED BY:
Report Title:
Public High Schools; Start Time

Description:
Requires Hawaii's public high schools to start no earlier than 8:30 a.m.

The summary description of legislation appearing on this page is for informational purposes only and is not legislation or evidence of legislative intent.