

FEB 01 2018

SENATE CONCURRENT RESOLUTION

REQUESTING THE DEPARTMENT OF EDUCATION TO REPORT TO THE
LEGISLATURE ON THE STATUS OF PHYSICAL EDUCATION IN HAWAII'S
PUBLIC SCHOOLS.

1 WHEREAS, research suggests that schools that provide time
2 for high-quality physical education generate a positive effect
3 on academic achievement and some of the benefits include
4 increased concentration; improved scores in mathematics,
5 reading, and writing; and a reduction in disruptive behaviors;
6 and

7
8 WHEREAS, physical education offered within public schools
9 can provide all students access to physical activity regardless
10 of race; ethnicity; socioeconomic status; gender; or urban,
11 suburban, or rural setting; and

12
13 WHEREAS, physical education programs are critical to
14 providing students with the skills necessary to achieve and
15 maintain life-long physical fitness; and

16
17 WHEREAS, regular physical activity and physical fitness can
18 play a significant role in promoting health and preventing
19 chronic illnesses such as heart disease, cancer, type 2
20 diabetes, and osteoporosis; and

21
22 WHEREAS, in 2013, the Institute of Medicine identified
23 daily school physical education for all students as a strategy
24 to prevent obesity across the nation; and

25
26 WHEREAS, SHAPE America, the American Heart Association, and
27 a number of other national health organizations recommend that
28 schools provide one hundred fifty minutes per week of
29 instructional physical education for elementary school children
30 and two hundred twenty-five minutes per week for middle and high
31 school students throughout the school year; and

32



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1 WHEREAS, the Hawaii Content and Performance Standards III
2 for physical education were based on national standards in 2005,
3 but have not been updated since then and do not align with the
4 National Physical Education Standards developed in 2013; and
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6 WHEREAS, barriers and challenges have impeded the
7 Department of Education from fully implementing the Hawaii
8 Content and Performance Standards III for physical education in
9 all grades; now, therefore,
10

11 BE IT RESOLVED by the Senate of the Twenty-ninth
12 Legislature of the State of Hawaii, Regular Session of 2018, the
13 House of Representatives concurring, that the Department of
14 Education is requested to provide a report to the Legislature on
15 the status of physical education in Hawaii's public schools; and
16

17 BE IT FURTHER RESOLVED that the status report include but
18 not be limited to:
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- 20 (1) The current state of physical education in Hawaii's
21 public schools, including the number of physical
22 education instructional minutes per week provided to
23 all students in grades K-12, qualifications of
24 personnel delivering physical education, and methods
25 for assessment of student achievement on instructional
26 standards for physical education; and
27
- 28 (2) A plan for adoption of current national
29 recommendations, including an estimate of needs and
30 resources to implement updated instructional
31 standards, increased minutes of instruction,
32 professional development, assessments, and sequential
33 standards-based curriculum; and
34

35 BE IT FURTHER RESOLVED that the Department of Education is
36 requested to submit a report of its findings and
37 recommendations, including any proposed legislation, to the
38 Legislature no later than twenty days prior to the convening of
39 the Regular Session of 2019; and
40

41 BE IT FURTHER RESOLVED that certified copies of this
42 Concurrent Resolution be transmitted to the Chairperson of the



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1 Board of Education; Superintendent of Education; and Hawaii
 2 Association for Health, Physical Education, Recreation and
 3 Dance.
 4
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 6

OFFERED BY Michelle A. Leland

~~SC 4242-029~~

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