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# A BILL FOR AN ACT

RELATING TO AFTERSCHOOL PROGRAMS FOR ELEMENTARY SCHOOL STUDENTS.

**BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:**

1           SECTION 1. The legislature finds that in the United  
2 States, more than one-fourth of school-age children are left  
3 alone and unsupervised during after-school hours. The majority  
4 of these children are elementary- and intermediate-school  
5 students, at a time in life when various types of temptations  
6 surround them.

7           The legislature further finds that to counter such problems  
8 at the elementary-school level in Hawaii, the afterschool plus  
9 (A+) program was created in 1990 to provide an avenue to keep  
10 elementary-school students in a safe and nurturing environment--  
11 from the time the school day ends until the time that these  
12 children are picked up by their families. Moreover, the  
13 legislature finds that the A+ program has been operating  
14 successfully for the past decade, with more than 18,000  
15 elementary-school students enrolled in A+ programs in more than  
16 one hundred eighty elementary schools statewide. Approximately  
17 two-thirds of A+ program sites are managed by independent



1 contractors, such as the YMCA and Kamaaina Kids, and one-third  
2 are managed by department of education personnel.

3 The legislature further finds that for the past decade, an  
4 evidence-based physical-activity and nutritional-education  
5 program called "fun 5" has been operating successfully in nearly  
6 all of these locations as an integral part of the A+ program.  
7 The fun 5 program provides training for all A+ program group  
8 leaders (i.e., those who work directly with the children),  
9 supplies manuals and playground equipment, and provides hands-on  
10 instruction for physically active games and nutritional  
11 enlightenment.

12 In addition, the legislature finds that the fun 5 program,  
13 which for many of its participants is the only organized  
14 physical activity that they experience in a day, has shown  
15 positive results in boosting the children's level of physical  
16 activity, reducing their rate of obesity, and increasing their  
17 consumption of fruits and vegetables. These achievements are  
18 accomplished through a hands-on and enjoyable program that  
19 promotes five servings of fruits and vegetables per day and at  
20 least thirty minutes of active physical exercise five days per  
21 week.



1           The legislature further finds that the kind of physical and  
2 nutritional activities that exist in this evidence-based  
3 physical-activity and nutritional-education program are and  
4 should be an integral part of the A+ program. However, since  
5 the establishment of the fun 5 program a decade ago, nearly all  
6 funding for this program has come from private donations, a  
7 situation which has become significantly more difficult to  
8 maintain and which has substantially diminished the potential  
9 impact of the program.

10           The legislature further finds that the overall cost of  
11 operating the fun 5 program averages approximately \$1 per child  
12 per month, which covers the training activities and equipment-  
13 replenishment requirements for after-school activities--but not  
14 the data collection necessary to sustain the program. Given the  
15 vital importance of physical activity and healthy eating to  
16 optimal childhood development and obesity prevention, the  
17 legislature believes that it is essential that funding for an  
18 evidence-based physical-activity and nutritional-education  
19 program be institutionalized within the budget of the A+ program  
20 itself.



1 Accordingly, the purpose of this Act is to:

2 (1) Statutorily establish an evidence-based physical-  
3 activity and nutritional-education program within the  
4 A+ program, including:

5 (A) Ensuring its continued availability on a  
6 statewide basis; and

7 (B) Continuing to measure its effectiveness in  
8 providing an avenue for physical activity and  
9 nutritional education; and

10 (2) Appropriate funds to support an evidence-based  
11 physical-activity and nutritional-education program  
12 within the A+ program.

13 SECTION 2. Chapter 302A, Hawaii Revised Statutes, is  
14 amended by adding a new section to be appropriately designated  
15 and to read as follows:

16 "§302A- After-school plus program; evidence-based  
17 physical-activity and nutritional-education program; funding.

18 (a) There shall be established within the after-school plus  
19 program, hereinafter the A+ program, an evidence-based physical-  
20 activity and nutritional-education program. This program shall  
21 provide regular physical exercise and nutritional education in a  
22 manner that promotes active participation as an integral part of



1 the A+ program and that meets the State's goals for a healthy  
2 diet and adequate exercise.

3 (b) Funding for the basic program activities of training,  
4 equipment replenishment, and data collection shall be included  
5 within the A+ program budget and shall include:

6 (1) Support for training of all A+ program coordinators  
7 and group leaders;

8 (2) Necessary playground equipment and nutritional tools;

9 (3) Collection of data for the program established under  
10 subsection (a); and

11 (4) Periodic evaluation of the effectiveness of the  
12 program established under subsection (a).

13 (c) The organization and management of training, data  
14 collection and management, and equipment replenishment for the  
15 program established under subsection (a) shall be carried out by  
16 an independently-contracted, private entity, under the  
17 supervision of the department.

18 (d) The department may establish within the A+ program  
19 participation fees in an amount sufficient to maintain the  
20 program established under subsection (a) in all elementary  
21 schools operated by the department.



1       (e) The independently-contracted private entity under  
2 subsection (c), in conjunction with the department, may seek  
3 funds from other public and private sources to supplement the  
4 costs of managing, expanding, and improving the program  
5 established under subsection (a).

6       (f) The department may adopt rules pursuant to chapter 91  
7 to implement this section."

8       SECTION 3. There is appropriated out of the general  
9 revenues of the State of Hawaii the sum of \$400,000 or so much  
10 thereof as may be necessary for fiscal year 2014-2015 for an  
11 evidence-based physical-activity and nutritional-education  
12 program within the afterschool plus program of the department of  
13 education for the purposes of this Act.

14       The sum appropriated shall be expended by the department of  
15 education for the purposes of this Act.

16       SECTION 4. There is appropriated out of the general  
17 revenues of the State of Hawaii the sum of \$77,000 or so much  
18 thereof as may be necessary for fiscal year 2014-2015 for the  
19 payment of afterschool plus program fees, including those for an  
20 evidence-based physical-activity and nutritional-education  
21 program, for the children of families who are eligible for the  
22 temporary assistance for needy families program.



1           The sum appropriated shall be expended by the department of  
2 human services for the purposes of this Act.

3           SECTION 5.   New statutory material is underscored.

4           SECTION 6.   This Act shall take effect on July 1, 2014.



**Report Title:**

Afterschool Programs; Elementary-school Students; Evidence-based Physical-activity and Nutritional-education Program; Appropriation

**Description:**

Establishes and funds an evidence-based physical-activity and nutritional-education program within the A+ Program in Hawaii's public elementary schools. Appropriation. Effective July 1, 2014. (HB2109 HD1)

*The summary description of legislation appearing on this page is for informational purposes only and is not legislation or evidence of legislative intent.*

