
HOUSE CONCURRENT RESOLUTION

URGING THE DEPARTMENT OF EDUCATION TO INCLUDE HANDS-ONLY
CARDIOPULMONARY RESUSCITATION TRAINING AS PART OF PUBLIC
HIGH SCHOOL HEALTH EDUCATION GRADUATION REQUIREMENTS.

1 WHEREAS the Department of Education has purchased
2 cardiopulmonary resuscitation mannequins and training materials
3 for use by high school health class instructors; and
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5 WHEREAS, the American Heart Association works with the
6 world's leading cardiopulmonary resuscitation scientists and
7 medical professionals; and
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9 WHEREAS, following review of published research studies on
10 cardiopulmonary resuscitation, the American Heart Association
11 published a Science Advisory in April 2008 in the medical
12 journal *Circulation*, recommending that people who see a teen or
13 adult suddenly collapse in an "out-of-hospital" setting (such as
14 at home, school, work, or a park) immediately administer hands-
15 only cardiopulmonary resuscitation; and
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17 WHEREAS, hands-only cardiopulmonary resuscitation consists
18 of two easy steps:
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20 (1) Call 911 (or send someone to call 911); and
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22 (2) Push hard and fast in the center of the chest at a
23 rate of one hundred compressions per minute; and
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25 WHEREAS, the American Heart Association's 2010
26 cardiopulmonary resuscitation guidelines reported that in
27 studies of out-of-hospital cardiac arrest, adults who received
28 hands-only cardiopulmonary resuscitation from a bystander were
29 more likely to survive than those who did not receive any type
30 of cardiopulmonary resuscitation; and
31



1 WHEREAS, hands-only cardiopulmonary resuscitation performed
2 by a bystander has been shown to be as effective as conventional
3 cardiopulmonary resuscitation with mouth-to-mouth breaths in the
4 first few minutes of an out-of-hospital sudden cardiac arrest;
5 and

6
7 WHEREAS, in a national survey, Americans who had not been
8 trained in cardiopulmonary resuscitation within the past five
9 years said they would be more likely to perform hands-only
10 cardiopulmonary resuscitation than conventional cardiopulmonary
11 resuscitation (which includes performing mouth-to-mouth
12 resuscitation) on a teen or adult who collapses suddenly; and

13
14 WHEREAS, hands-only cardiopulmonary resuscitation is an
15 easy-to-remember and effective option for people who have been
16 trained in cardiopulmonary resuscitation, but are afraid to help
17 because they are not confident that they can remember and
18 perform correctly the steps of conventional cardiopulmonary
19 resuscitation; and

20
21 WHEREAS, people who have received cardiopulmonary
22 resuscitation training in the past five years are more likely to
23 give high-quality chest compressions and are more confident
24 about their skills than are those who have not been trained or
25 recently trained; and

26
27 WHEREAS, American Heart Association cardiopulmonary
28 resuscitation training volunteers have provided the Department
29 of Education health curriculum resource teachers with hands-only
30 cardiopulmonary resuscitation training and the health curriculum
31 resource teachers are training health class instructors to train
32 students in administering hands-only cardiopulmonary
33 resuscitation; and

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35 WHEREAS, hands-only cardiopulmonary resuscitation training
36 can be taught in the time it takes to teach one health class;
37 and

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39 WHEREAS, teaching hands-only cardiopulmonary resuscitation
40 training can help instructors reach at least two benchmarks in
41 the Hawaii Content and Performance Standards III for Health
42 Education grades 9-12 (HE.9-12.1.2, and HE.9-12.2.3), and
43 possibly a third benchmark (HE.9-12.3.2); and



H.C.R. NO. 108

1 WHEREAS, currently, only a small percentage of cardiac
2 arrest victims in Hawaii receive bystander cardiopulmonary
3 resuscitation, and as a result, Hawaii's survival rates for
4 cardiac arrest are approximately five per cent; and
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6 WHEREAS, cardiac arrest survival rates have doubled and
7 even tripled in states and communities that have increased
8 cardiopulmonary resuscitation training and bystander
9 cardiopulmonary resuscitation; now, therefore,
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11 BE IT RESOLVED, by the House of Representatives of the
12 Twenty-Seventh Legislature of the State of Hawaii, Regular
13 Session of 2013, the Senate concurring, that the Legislature
14 urges the Department of Education to work with the Board of
15 Education and the Hawaii State Teachers Association to add
16 hands-only cardiopulmonary resuscitation training to all Hawaii
17 public high school health education graduation requirements; and
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19 BE IT FURTHER RESOLVED, that Hawaii private high schools
20 are urged to add hands-only cardiopulmonary resuscitation
21 training to their health education graduation requirements; and
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23 BE IT FURTHER RESOLVED, that certified copies of this
24 Concurrent Resolution be transmitted to Governor, the
25 Chairperson of the Board of Education, the Superintendent of
26 Education, the President of the Hawaii State Teachers
27 Association, and the President of the Hawaii Association of
28 Independent Schools.
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OFFERED BY: _____



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