SENATE CONCURRENT RESOLUTION

URGING THE DEPARTMENT OF EDUCATION TO INCLUDE HANDS-ONLY CARDIOPULMONARY RESUSCITATION TRAINING AS PART OF PUBLIC HIGH SCHOOL HEALTH EDUCATION GRADUATION REQUIREMENTS.

WHEREAS the Department of Education has purchased cardiopulmonary resuscitation mannequins and training materials for use by high school health class instructors; and

WHEREAS, the American Heart Association works with the world's leading cardiopulmonary resuscitation scientists and medical professionals; and

WHEREAS, following review of published research studies on cardiopulmonary resuscitation, the American Heart Association published a Science Advisory in April 2008 in the medical journal Circulation, recommending that people who see a teen or adult suddenly collapse in an "out-of-hospital" setting (such as at home, school, work, or a park) immediately administer hands-only cardiopulmonary resuscitation; and

WHEREAS, hands-only cardiopulmonary resuscitation consists of two easy steps:

(1) Call 911 (or send someone to call 911); and

(2) Push hard and fast in the center of the chest at a rate of one hundred compressions per minute; and

WHEREAS, the American Heart Association's 2010 cardiopulmonary resuscitation guidelines reported that in studies of out-of-hospital cardiac arrest, adults who received hands-only cardiopulmonary resuscitation from a bystander were more likely to survive than those who did not receive any type of cardiopulmonary resuscitation; and
WHEREAS, hands-only cardiopulmonary resuscitation performed by a bystander has been shown to be as effective as conventional cardiopulmonary resuscitation with mouth-to-mouth breaths in the first few minutes of an out-of-hospital sudden cardiac arrest; and

WHEREAS, in a national survey, Americans who had not been trained in cardiopulmonary resuscitation within the past five years said they would be more likely to perform hands-only cardiopulmonary resuscitation than conventional cardiopulmonary resuscitation (which includes performing mouth-to-mouth resuscitation) on a teen or adult who collapses suddenly; and

WHEREAS, hands-only cardiopulmonary resuscitation is an easy-to-remember and effective option for people who have been trained in cardiopulmonary resuscitation, but are afraid to help because they are not confident that they can remember and perform correctly the steps of conventional cardiopulmonary resuscitation; and

WHEREAS, people who have received cardiopulmonary resuscitation training in the past five years are more likely to give high-quality chest compressions and are more confident about their skills than are those who have not been trained or recently trained; and

WHEREAS, American Heart Association cardiopulmonary resuscitation training volunteers have provided the Department of Education health curriculum resource teachers with hands-only cardiopulmonary resuscitation training and the health curriculum resource teachers are training health class instructors to train students in administering hands-only cardiopulmonary resuscitation; and

WHEREAS, hands-only cardiopulmonary resuscitation training can be taught in the time it takes to teach one health class; and

WHEREAS, teaching hands-only cardiopulmonary resuscitation training can help instructors reach at least two benchmarks in the Hawaii Content and Performance Standards III for Health Education grades 9-12 (HE.9-12.1.2, and HE.9-12.2.3), and possibly a third benchmark (HE.9-12.3.2); and
WHEREAS, currently, only a small percentage of cardiac arrest victims in Hawaii receive bystander cardiopulmonary resuscitation, and as a result, Hawaii's survival rates for cardiac arrest are approximately five per cent; and

WHEREAS, cardiac arrest survival rates have doubled and even tripled in states and communities that have increased cardiopulmonary resuscitation training and bystander cardiopulmonary resuscitation; now, therefore,

BE IT RESOLVED, by the Senate of the Twenty-Seventh Legislature of the State of Hawaii, Regular Session of 2013, that this body urges the Department of Education to work with the Board of Education and the Hawaii State Teachers Association to add hands-only cardiopulmonary resuscitation training to all Hawaii public high school health education graduation requirements; and

BE IT FURTHER RESOLVED, that Hawaii private high schools are urged to add hands-only cardiopulmonary resuscitation training to their health education graduation requirements; and

BE IT FURTHER RESOLVED, the House of Representatives concurring, that certified copies of this Concurrent Resolution be transmitted to Governor, the Chairperson of the Board of Education, the Superintendent of Education, the President of the Hawaii State Teachers Association, and the President of the Hawaii Association of Independent Schools.