
HOUSE CONCURRENT RESOLUTION

REQUESTING THAT THE DEPARTMENT OF EDUCATION ALLOW CREDITS FOR CURRENT PARTICIPATION IN EXTRACURRICULAR SPORTS FOR ALL HIGH SCHOOL STUDENTS TO ENCOURAGE PHYSICAL FITNESS AND MENTAL WELL-BEING AND SUPPORT A REDUCTION IN OBESITY AMONGST HIGH SCHOOL STUDENTS.

1 WHEREAS, according to a report on obesity, dated August 27,
2 2007, by the Trust for America's Health, Hawaii's youth are the
3 twenty-ninth most obese in the nation and eighty-one per cent of
4 Americans believe that the government should have a role in
5 addressing obesity; and

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7 WHEREAS, according to a United States Department of Health
8 and Human Services report released in 2003, one out of every
9 eight deaths in America are caused by an illness directly
10 related to obesity, including but not limited to diabetes, heart
11 disease, and asthma; and

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13 WHEREAS, according to a nutrition education needs
14 assessment survey conducted in Hawaii public schools from 2000
15 to 2004, over thirty-six per cent of high school students are
16 either overweight or at risk for obesity; and

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18 WHEREAS, the Hawaii High School Athletic Association offers
19 a variety of extracurricular sports to promote the educational
20 experiences and physical benefits for all students; and

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22 WHEREAS, the United States Department of Health recommends
23 a minimum of sixty minutes of physical activity at least three
24 times a week; and

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26 WHEREAS, students who participate in extracurricular sports
27 generally average an additional eight hours of exercise every
28 week; and

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1 WHEREAS, participation in extracurricular sports for credit
2 assists high school students in becoming physically fit and
3 toward achieving the twenty-four credit requirement to graduate;
4 now, therefore,
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6 BE IT RESOLVED by the House of Representatives of the
7 Twenty-fourth Legislature of the State of Hawaii, Regular
8 Session of 2008, the Senate concurring, that the 2007 Hawaii
9 Secondary Student Conference recommends that the Board of
10 Education provide credits toward graduation for those students
11 participating in extracurricular sports in an effort to
12 encourage physical fitness and mental well-being, and to reduce
13 the rate of obesity amongst high school students; and
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15 BE IT FURTHER RESOLVED that certified copies of this
16 Concurrent Resolution be transmitted to the Governor of the
17 State of Hawaii, the Superintendent of Education, the
18 Chairperson of the Board of Education, the officers of the
19 Hawaii State Student Council, the principals of all Hawaii high
20 schools, and all Chairpersons of the School Community Councils.
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